

**NEW!** *Nip 'n' tuck*

# EXTREME BEAUTY

*We take a look at the latest developments in the world of cosmetic surgery and beauty treatments*

## **TREATMENT** *of the week* **Eyes wide open**

The optical brow lift is a non-surgical procedure that's said to make you look 10 years younger in minutes.

The treatment involves having a bit of Botox injected in the forehead and crow's feet and some Restylane, a filler developed in Sweden, injected just under the arch to give a subtle, alert, wide-eyed effect. 'You get a lovely kick that takes care of a droopy brow and hooded lids and makes eyes look younger,' says Dr Tracy Mountford of the London Medical Centre.

The brow lift costs from £610 and the results last for four to five months. Call the Restylane information line on 0800 015 5548 or see [www.restylane.co.uk](http://www.restylane.co.uk) for details.



## **Q&A**

### **Dazzling choices**

I want my teeth whitened. What are the best options?

*Jane Taylor, Manchester*



Crest White Strips Supreme, £45.95 plus £3.75 p&p ([www.crestwhitestrips.co.uk](http://www.crestwhitestrips.co.uk)), whiten front teeth in three weeks, and home whitening kits from your dentist, from £250, whiten all your teeth in around eight days.

The power whitening treatment Zoom2! works in under an hour for around £500 at a cosmetic dentist's surgery. To find one call 020 7612 4166 or see [www.bacd.com](http://www.bacd.com).

## **Collagen out of the catalogue**

Now you can get your lines and lips done and pay weekly for the privilege. Grattan home shopping catalogue has teamed up with Transform cosmetic surgery group (0870 609 9099; [www.transforminglives.co.uk](http://www.transforminglives.co.uk)) to offer a range of treatments. Botox starts at £199 and lip enhancement costs from £360.



## **It's hot in Hollywood**

The latest anti-ageing ingredient is beta glucan. Found in Pro-Ferm Protective Day Cream, £65 (0870 042 8423; [www.vitalizehealth.co.uk](http://www.vitalizehealth.co.uk)), it's said to smooth lines and help wounds heal.

Currently flying off the shelves at Space.NK shops (020 8740 2085; [www.space.nk.co.uk](http://www.space.nk.co.uk)), the Pro-Ferm range is big in Hollywood. Scarlett Johansson (right) is said to be a fan of the Instant Lifting Serum, £75.

